

# Build Cultural Awareness Reading List

Differences are only barriers if we allow them to be.

## TOPIC: Religion and Food

### Religious Food Practices

<http://www.asian-recipe.com/cuisine-evolution/religious-food-practices.html>

### Culture and Religion Dictates Food Choices

<https://www.youtube.com/watch?v=hcTZGnLiYvk>

### The Role of Food in Religion

<https://www.youtube.com/watch?v=hcTZGnLiYvk>

### Religious Dietary Guidelines and Restrictions

<http://www.chewfo.com/philosophical-reasons-for-food-choices/religious-dietary-restrictions/>

### Religion and Dietary Practices

<http://www.faqs.org/nutrition/Pre-Sma/Religion-and-Dietary-Practices.html>

### Religion and Food

<http://www.leeds.ac.uk/yawya/science-and-nutrition/Religion%20and%20food.html>

### YouTube Videos

### Culture and Religion Dictates Food Choices

<https://www.youtube.com/watch?v=hcTZGnLiYvk>

### The Role of Food in Religion

<https://www.youtube.com/watch?v=hcTZGnLiYvk>

### LinkedIn Slide Presentations

### Religion and Dietary Practices

<http://www.slideshare.net/anasomoray/religion-and-dietary-practices>

