

Build Cultural Awareness Discussion Guide

Differences are only barriers if we allow them to be.

TOPIC: Religion and Food

What new information did you learn about food customs in a religion different than yours?

What would you serve guests in your home if they practiced that religion? What changes would you have to make?

How do you think religious food customs affect school lunch programs?

Which snacks in your office vending machine would meet religious food restrictions for Catholics? Hindus? Jews? Muslims? Seventh Day Adventists?

What business situations should be aware of various religious food customs? Does your employee cafeteria make accommodations?

What could you do to advocate with your local school district, hospital, food courts, etc. to offer foods accessible to all religions?

